

Report on tuberculosis risk

Finland pays extra attention to prevent tuberculosis. If your home country is listed in WHO's list as an extremely high-risk country on tuberculosis, you need to have a thorax x-ray taken in your home country before your exchange period starts, along with the doctor's certificate of negative pulmonary tuberculosis (results should not be older than 3 months). According to Finnish law of the Communicable Diseases Act §55 you cannot start your practical training in the social and health care sector without this certificate. List of Tuberculosis high-risk countries: https://www.who.int/health-topics/tuberculosis#tab=tab_1

Date of the thorax x-rays:

Date of the certificate:

Have you suffered from any of the following symptoms?

Prolonged, persistent cough

No

Yes

Coughing up blood (hemoptysis)

No

Yes

Indefinite fever

No

Yes

Fatigue and tiredness

No

Yes

Nausea

No

Yes

Chest pain

No

Yes

Night sweats

No

Yes

Weight loss

No

Yes

If you answered "Yes" at any point, please specify your symptom status and the duration of your symptoms

Your country of birth:

Have you been in close contact with a person with pulmonary tuberculosis (e.g., those living in the same household, relatives, friends)?

No

Yes

Have you had tuberculosis before?

No

Yes

What year?

Have you treated tuberculosis patients in any country?

No

Yes

Countries in which you have lived or stayed continuously for at least 12 months:

Countries in which you have worked in health care continuously for at least 3 months:

Recommended vaccinations for all students, including Finns

Remember to bring your certificate of vaccination with you.

Polio (at least three (3) basic doses)

Polio is highly recommended if you have stayed in a Polio high-risk country for more than 4 weeks and come/return to Finland, and if you have had your last vaccination over 12 months before your arrival to Finland. (Recommendation of WHO and National Institute for Health and Welfare). List of Polio high-risk countries: <http://polioeradication.org/polio-today/polio-now/>.

Countries in which you have stayed for more than 4 weeks during the previous year:

How many polio vaccine doses have you received?

Date of latest vaccination:

Measles Protection

Due to the global measles situation, everyone coming to Finland is recommended to have the Measles Protection (either with measles or by the MMR vaccine shot against measles).

Date of vaccination:

Tetanus-Diphtheria vaccination (not older than 20 years)

Date of vaccination:

Vaccinations for students participating in practical training in social services or healthcare units

Students participating in practical training in social services or healthcare units must be immune to measles and varicella (chickenpox), either through vaccination or a personal history of the disease; those who take care of infants must also be vaccinated against pertussis (whooping cough). Students are also required to be vaccinated against influenza and coronavirus; information on these vaccinations is given during studies. (Infectious Diseases Act, 1227/2016, Section 48 and 48a.) The required vaccinations are free of charge for social and health care students.

Please provide the information below and check your vaccination status.

Measles

Protection against measles is provided either by a personal history of measles or two doses of the MMR vaccine.

I have received two doses of vaccine against measles (a separate vaccine against measles or the triple MMR vaccine).

Yes Date of vaccination 1:

 Date of vaccination 2:

No

Not sure

I have had measles.

No

Yes

Not sure

Varicella (chicken pox)

Protection against varicella (chicken pox) is provided either by a personal history of varicella or two doses of the vaccine.

I have received two doses of vaccine against varicella.

Yes Date of vaccination 1:
 Date of vaccination 2:

No

Not sure

I have had varicella.

No

Yes, what year:

Not sure

You cannot do your practical training in Finland, if you are not immune against chickenpox and MMR (called MPR in Finland). You need to have at least one dose of chickenpox and MMR/MPR vaccinations at your home country at least three weeks before the start of your practical training in Finland.

Influenza

Influenza vaccinations are required every year. A personal history of influenza or previous vaccination against influenza does not protect against influenza viruses during subsequent seasons; influenza viruses keep changing all the time.

COVID-19 vaccinations

Protection against coronavirus is created on the basis of vaccines or a possible infection.

I have received coronavirus vaccines.

Yes Date of vaccination 1:
 Date of vaccination 2:
 Date of vaccination 3:

No

Not sure

I've had coronavirus.

Yes Date
 Verification method:
 PCR test Antigen test

No

Not sure

Pertussis

If you are scheduled to undergo practical training or start a job where you take care of infants (aged under 1), you must be protected against pertussis. The pertussis vaccination is given at child welfare clinics as part of the national vaccination programme but does not provide lifelong protection.

I have been vaccinated against pertussis less than five years ago.

No

Yes

Not sure

Hepatitis B vaccination for students at risk of infection

If you have suffered of Hepatitis B infection or had at least 3 doses of vaccination against Hepatitis B you would not need a vaccination. In Finland you will be vaccinated if necessary. If your stay in Finland is less than two months, you will have to pay for the vaccination yourself.

Return this inquiry **by the deadline** to the [student health care for international students](#).

You can find the sending instructions on Siun sote's web page: <https://www.siunsote.fi/en/web/english/international-students>

By returning this survey, I affirm that the information I have provided is correct.